

TREASURE HUNT

The purpose of this learning activity is to have fun compiling a paper toolbox while discussing a few guidelines and tools for keeping your kids safe. The following information is only a guideline. Please feel free to tailor it to your situation. Don't be afraid to add your own creativity!

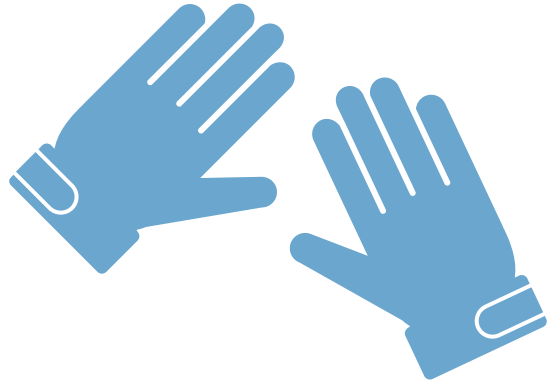
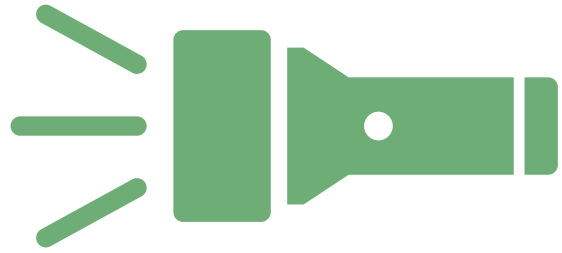
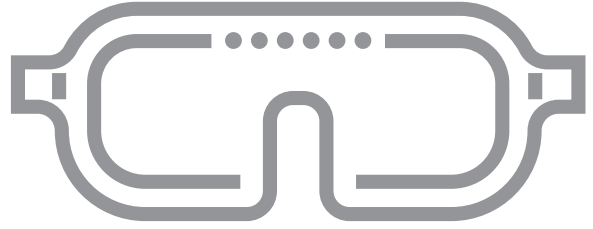
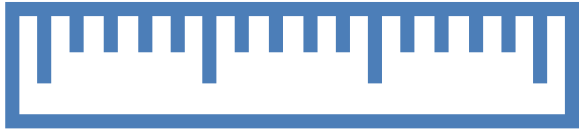
Instructions:

1. Print out the desired number of tools.
2. Cut out the tools.
3. Hide them throughout the house.
4. Let your kids find each clue.
5. Talk to your children about some important ways to keep them safe. Look at our suggested prompts for some ideas

Note: If your children will participate, talk a little at each clue. If your children won't slow down to talk at each location, talk about a few principles at the end of the activity around the kitchen table.

This game is intended to mimic an Easter egg hunt where the tools will be hidden and the children will find them throughout the house. There are specific places you may choose to hide the tools that will relate to some of the concepts you will be teaching the children.

Feel free to hide the tools in different rooms, or all in the same room.



DISCUSSION GUIDE

Ruler: Set clear and safe boundaries

Rulers are used to give accurate measurements. Measurements need to be exact so things get built correctly. Just like our house rules, if we don't keep the rules then things won't work the way they should.

Deeper Discussion:

- Discuss your clear and safe boundaries with your children.
- Discuss what to do when someone tries to invade boundaries.
- Share examples or situations where this might occur.

Safety Goggles: Monitor technology

Goggles are used to protect your eyes, and online you can see a lot of inappropriate things. You need to be able to monitor what you see and walk away if you need to. Also, we will monitor what you see on your devices to help you.

Deeper Discussion:

- Tell your children you will be monitoring cell phones, tablets, and their social accounts.
- Teach your children about the consequences of sharing inappropriate material online.
- If you are teaching a teen, let them know that it is illegal to share or re-share nude photos of themselves or other teens. These are classified as child pornography and carry significant legal consequences if shared.
- Discuss your family rules with technology.

Leveler: Trust intuition

Levelers are used to measure when something is slightly off. We can all trust our instincts when something seems just a little bit off.

Deeper Discussion:

- Teach your children to trust their instincts.
- Tell your children to ask themselves these questions and to come to you if they ever feel this way:
 - Does it seem odd?
 - Does it make you feel uncomfortable?
 - Does this odd behavior seem to happen too often?

Screwdriver: Let children show affection on their terms

A screwdriver sets many different types of screws into wood. Just as there are many different types of screws, we have many different kinds relationships with different people. You would treat a stranger differently than a family member.

Deeper Discussion:

- Ask your children what kind of affection they prefer. Teach your children that they have control of their body and have the right to make decisions about how others treat them.
- Give an example of a possible situation.

DISCUSSION GUIDE

Measuring Tape: Give your child the right to say “No”

Measuring tape is used to size up something for precision. That information is then used to make decisions, like cutting something in the right place or joining two things together correctly. Similarly, you can measure situations, and if you feel like you need to, you can say “No.”

Deeper Discussion:

- Teach your children that they have the right to say “No.”
- Teach them that if an adult wants them to do something that is uncomfortable or outside of the healthy boundaries you have discussed with them, then they should say “No” loudly.
- Explain what are healthy boundaries.
- Explain that by saying “No” they will not get them in trouble.
- Practice saying “No” loudly!

Flashlight: Teach about inappropriate and appropriate secrets

Flashlights are used to see in the dark. In the dark, there are secrets and things to hide, turn on your light to always share and not keep secrets.

Deeper Discussion:

- Teach your children that it is okay to tell you about secrets.
- Teach them that keeping secrets can cause them further harm. Perpetrators thrive on secrecy.
- Let your children know not to keep secrets that make them feel uncomfortable or dirty.
- Always let them know that if they feel threatened that they can come to you and tell you.
- Tell your children that they will never be in trouble by sharing a secret with you.

Working Gloves: Teach safe touch

Gloves are used to protect your hands from what you touch.

Deeper Discussion:

- Teach your children the difference between safe touch and unsafe touch. Safe touch leaves a child happy. Unsafe touch leaves a child feeling unsafe, or uncomfortable.
- Discuss with your child about what makes them comfortable and uncomfortable. -Reaffirm to them that they never have to do anything that makes them uncomfortable.

Tool Box: Teach appropriate names for body parts

A toolbox contains many different tools that do different things. Just like your body; you have different body parts that do different things. Your ears hear, and your eyes see.

Deeper Discussion:

- Teach your children appropriate names for body parts.
- Teach them that certain body parts are private and that no one should touch them.
- Play “Head, Shoulders, Knees, and Toes”